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Personality, Relationships, and Sexual Desire

Sexual desire is an important and under researched phenomenon. We looked at how sexual desire related to individual, relationship, and psychological variables; specifically attachment style. An online survey was used to collect data on various aspects of sexuality, personality, and demographics. Participants consisted of men and women; primarily Caucasian with a mean age ($M = 23$). We proposed that the level of sexual desire felt would be impacted by each individual's attachment style; securely attached individuals would feel sexual desire when relationship variables were good, avoidantly attached would feel sexual desire when relationship variables were bad, and anxious-ambivalent would feel sexual desire when relationship variables were good and bad. Preliminary results support this hypothesis. Future inquiries of how sexual desire relates to other psychological phenomenon are discussed.



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